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Syllabus of
FOLK DANCE





Syllabus of **FOLK DANCE**



FOLK DANCE SYLLABUS

Adya, Madhya, Purna, 1st Year to 7th Year



ASSAM ART AND CULTURE ORGANIZATION

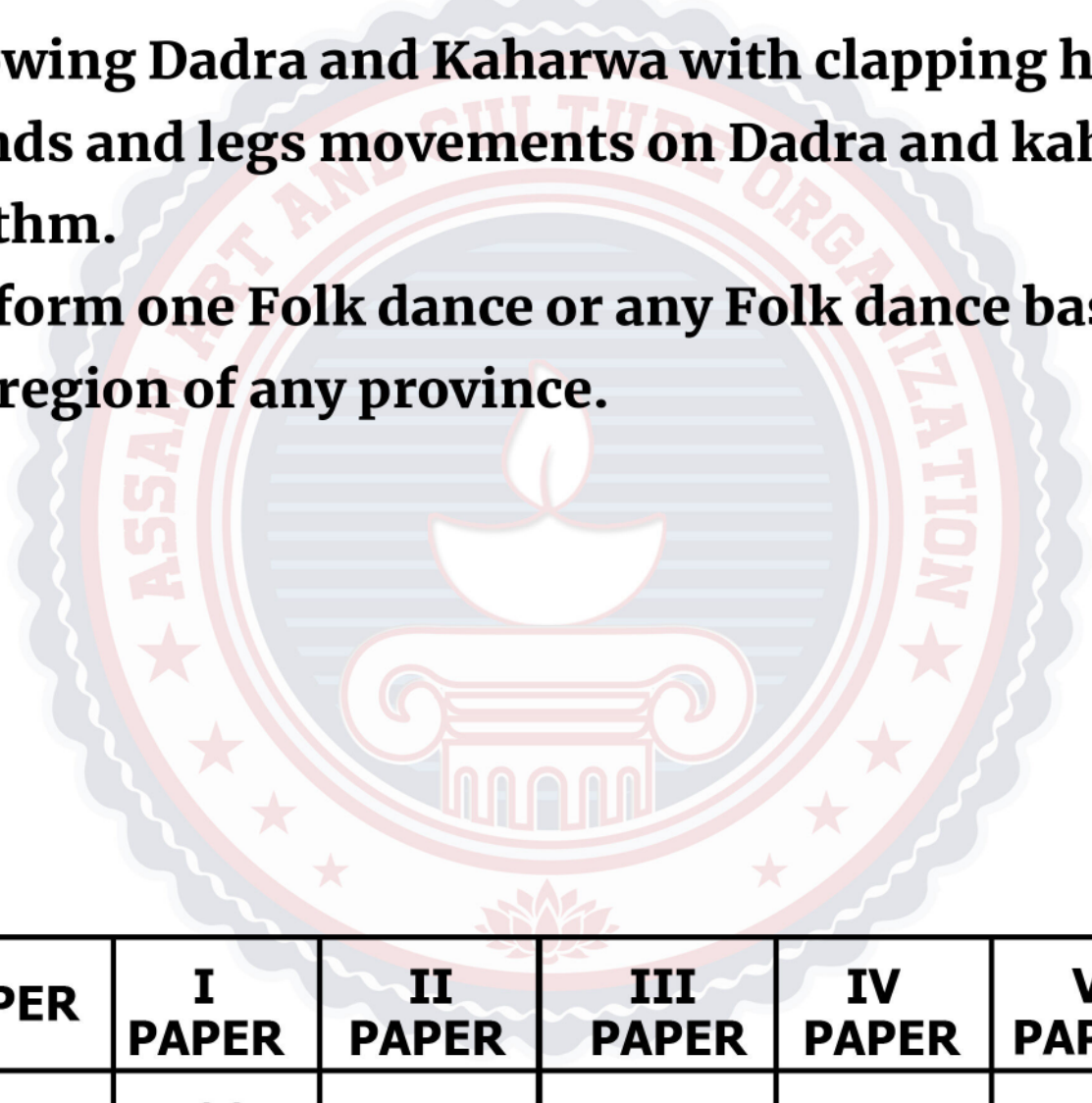


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1. Floor exercises.
2. Freehand exercises.
3. Movement of legs with various Rhythms.
4. Rhythmic Movements of the limb and torso.
5. Showing Dadra and Kaharwa with clapping hands.
6. Hands and legs movements on Dadra and kaharwa rhythm.
7. Perform one Folk dance or any Folk dance based on the region of any province.



PAPER	I PAPER	II PAPER	III PAPER	IV PAPER	V PAPER
MARKS	100	X	X	X	X
TOTAL MARKS	100				

Subject :- Folk Dance

Theory :- Nil

Practical : - 100 Marks

1. Performing physical exercises, simple limb movements and two hand Mudras.
2. Movement of legs, full body in slow and fast tempo on rhythm. [4/4. 3/4]
3. Limb movement with rhythm on Dadra and Kaharwa.
4. Perform two Folk dances based on the region of any province.
5. Demonstrate Dadra and Kaharwa rhythm with clapping hands.
6. Some basic questions about functionality.

PAPER	I PAPER	II PAPER	III PAPER	IV PAPER	V PAPER
MARKS	100	X	X	X	X
TOTAL MARKS	100				

Subject :- Folk Dance

Theory :- Nil

Practical : - 100 Marks

1. Performing limb movement and physical exercise.
2. Hands and legs movements on Dadra and kaharwa and Teentaal rhythm
3. Demonstrate all syllabus included rhythm with shodding Tali and Khali.
4. Dance perform on Dadra, kaharwa and Teentaal Rhythm.
5. General knowledge about Folkdance.
6. Perform Kavadi, Baul, Garba, Bidesia, Dol chalam, Jhumur, Chapeli, Chhau, lavani, Bhangra, Hojagiri, Raslila, Koli, Ghumur, indigenous dance (any two) or any two Folk dance based on the region of any province.
7. Description: - Dance, Rhythm, Tempo, Beat, Tali, Khali, Division, Som.
8. Some basic question about functionality.

PAPER	I PAPER	II PAPER	III PAPER	IV PAPER	V PAPER
MARKS	100	X	X	X	X
TOTAL MARKS	100				

Subject :- Folk Dance

Theory :- Nil

Practical : - 100Marks

1. Practice limb movement with rhythm.
2. Function knowledge of primary head movement and 5 Asamyukta Mudras and Samyukta Mudras.
3. Demonstrate dance on Vatiyali and Baul Composition.
4. Demonstrate any one folkdance of South India or North India.
5. Dadra, Kaharwa, Teentaal, Jhaptal Rhythm are to be demonstrate with showing tali and khali.
6. Perform Kushan, Savari, Mohiniattam, Yakashagan, Andhra Natyam, Kavadi, Gambhira, Kala, Giddha, Buiya, Cheraw Dance, Hikar, Khel Gopal, indigenous Dance (Any two) or any two Folk dances Based on the Region of any province.

PAPER	I PAPER	II PAPER	III PAPER	IV PAPER	V PAPER
MARKS	100	X	X	X	X
TOTAL MARKS	100				

Subject :- Folk Dance

Theory :- Nil

Practical : - 100Marks

1. Performing Limbs and eyebrows with rhythm.
2. Knowledge of rhythm and tempo in dance performance.
3. Demonstrate folkdance: Santali, Veeranatyam, Suggi, Kumi, Munari, Bihu, khuallam, Phag, Dankara, Dindi, Fugdi, Jawara, Gaur Mania, Chalo, Omecheni, indigenous Dance (Any two) or any two folk dance based on the region of any province.
4. One dance performance with any one folkstyle Rabindra Sangeet.
5. Demonstrate any one folkdance of Bihar and Odisha.
6. Demonstrate Teentaal, Rupak and Jhaptal.

PAPER	I PAPER	II PAPER	III PAPER	IV PAPER	V PAPER
MARKS	100	X	X	50	X
TOTAL MARKS	150				

Subject :- Folk Dance

Theory :- 50

Practical : - 100Marks

Theory - 50 Marks

1. Dance, Dance and Dharma, Jaati, Mushti, Mudra, Theka, Thay, Double, Hastak.
2. The habit of speaking orally the 'Talalipi' of syllabus included Rhythm.
- 3.. Characteristics and qualities of provincial and regional Folkdances.
- 4.. Knowledge of the decoration and necessary Musical instruments of the folk dances of the syllabus.
- 5.. Biography: - Gopikishen, Rukshini Arundel or any renowned Folk dance guru of any province.
- 6.. Practical introduction and limb description of Aktara musical instrument.
7. Difference between Classical dance and Folk dance.

PAPER	I PAPER	II PAPER	III PAPER	IV PAPER	V PAPER
MARKS	100	X	X	50	X
TOTAL MARKS	150				

Subject :- Folk Dance

Theory :- 50

Practical : - 100Marks

1. Demonstrate limb movement and Samyukta, Asamyukta mudra in Rhythm.
2. Performance Dance: - Indigenous dance , Alkap, Luddi, Lava, Bhamakalapam, Pung cholam, Bhavai, Chharhi, Rauf, Bihu, Kaikottikali, Jhumur, Kolattam, Jhulan Leela, Rangma (Any Two) or any two folk dance based on the region of any province.
3. Any one Folk dance have to perform of Maharashtra or Himachal Pradesh.
4. Demonstrate Ektaal, Rupak, Jhaaptaal, Teentaal and Duskushitaal on thah and Laya.
5. Perform any Regional dance of your own.
6. Different type of movements, reactions and expressions.

PAPER	I PAPER	II PAPER	III PAPER	IV PAPER	V PAPER
MARKS	100	X	X	50	X
TOTAL MARKS	150				

Subject :- Folk Dance

Theory :- 50

Practical : - 100 Marks

Theory - 50 Marks

1. Description: - limb, Tandav, Mudra, Gribaved, Amad, Lasya.
2. Writing habits the memorized and meaning of folksong.
3. Writing habits the talalipi of all syllabus included rhythm.
4. Discuss the difference and features of Folk Dance, Classical Dance and Modern Dance.
5. Similarities of Classical dance and Folk Dance and future of Folkdance.
6. A brief history and development of Indian Folkdance.
7. Classification of Indian folk dance and knowledge of provincial folkdance.
8. Biography: - Udaysankar, Sambhu Maharaj or any renowned dance guru of any province.

PAPER	I PAPER	II PAPER	III PAPER	IV PAPER	V PAPER
MARKS	100	X	X	50	X
TOTAL MARKS		150			

Subject :- Folk Dance

Theory :- 50

Practical : - 100 Marks

1. Performing Tempo and Rhythm on the shoulder, head, waist and eyebrows.
2. Demonstrate 'Samyukta' and 'AsamyuktaiMudras.
3. Performance folkdance: - Talinritya, Chhau, Mandjas, Dandiya Ras, Gafa, Jaita, Lavani, Paika, Wancho, Karma Munda, Panthi, Matki, Daph, Jhora, Ottam Thulal (Any two) or any two folk dance based on the region of any province.
4. Perform one dance with one pradeshik or Vatiyali on Rabindra Sangeet or Nazrul Geeti Composition.
5. With past years rhythm demonstrate Jhaaptaal, Tevra, Khemta, Taanchaptaal.
6. Accuracy to demonstrate of tempo and Rhythm in Folk -dance.
7. Different types of moments reaction and expressions.

PAPER	I PAPER	II PAPER	III PAPER	IV PAPER	V PAPER
MARKS	100	X	X	50	X
TOTAL MARKS	150				

Subject :- Folk Dance

Theory :- 50

Practical : - 100 Marks

Theory - 50 Marks

1. Discription: - Music, Folk music, Amad, Patak, Bhramar Samyukta and Asamyukta Mudras, Vatiali.
2. Difference between Folkdance and Classical Dance.
3. Write the Talalipi of Rhythm included in the syllabus.
4. The greatness of Indian folkdance on human life.
5. Article: - 1)Nritya and Rasa, 2)The Relation of Tempo and Rhythm with dance.
6. Writing habits the Memorized and Meaning of Folkdance.
7. Describe about the types of Indian Folkdance.

PAPER	I PAPER	II PAPER	III PAPER	IV PAPER	V PAPER
MARKS	100	X	X	50	X
TOTAL MARKS	150				

Subject :- Folk Dance

Theory :- 50

Practical : - 100Marks

Paper - 1 (100)

1. Every Rasa of Navarasa is performed through Folkdance.
2. The skill of displaying Samyukta and Asamyukta Mudras.
3. Perform any three North Indian folk dances.
4. Perform any three South Indian folk dances.
5. Perform four type Greeva and Head movement.

Paper - 2 (100)

1. Perform any one dance from West India.
2. Perform any three dances from East India.
3. Perform any three Folk dances with folksongs.
4. Perform any two syllabus included folkdance of India.

PAPER	I PAPER	II PAPER	III PAPER	IV PAPER	V PAPER
MARKS	100	100	X	50	X
TOTAL MARKS		250			

Subject :- Folk Dance

Theory :- 50

Practical : - 200 Marks

Theory - 50 Marks

1. Ability to memorized and write expressions of any folk music.
2. Practice Talalipi of syllabus related Rhythms in various Tempo.
3. The costumes and musical instrument of folkdance.
4. What is folk dance? Names of ten famous folk dance of India.
5. Description: - Kasak, Masak, Anudhrut, Pronam, Purab, Nikash, Tatalam, Chalanchali, Batley, Pramilu.
6. Biography — Narayan Prasad, Brindadin, Guru Soday Dutta or any renowned dance guru of any province.

PAPER	I PAPER	II PAPER	III PAPER	IV PAPER	V PAPER
MARKS	100	100	X	50	X
TOTAL MARKS	250				

Subject :- Folk Dance

Theory :- 50

Practical : - 200 Marks

Paper – 1 (100)

1. Horinity, Gajon, Kushan, Chhapeli Raibesh, Kushan or any dance based on the region of any province.
2. Skill of Rhythm and Tempo in dance performances.
3. Showing the feeling of Naravasa with Samyukta and Asamyukta Mudras.
4. Skill to perform Body movement and Mudras.
5. Demonstrate all the Rhythms of past year's in Double Layakari.
6. Performing at least four folkdances from any Region of India.
7. Any dance performance with anyon Rabindra Sangeet and Nazrul Sangeet.

Paper – 2 (100)

1. Full Demonstrate of Navarasha by the feel in dance.
2. Perform leg movement through different rhythm.
3. Perform any two folkdances of South India.
4. Perform Tusu, Danwariya, Padhar, Natpuja, Hojagiri, Javeri, Dahikala Dahikala Dasavtaror Bohada, Dhaman, Dhamali, Dhappu, Kunita, Kajari, Ghapal, Khada Nach, Thang to (any two) or any two folk dance based on the region of any province.
5. Skill of performing dance with folk music like Jhumur, Baul, Kushan, Javeri, Onam, Lavani, Chhau etc.
6. Practical practices of all the past year's curriculum.

Subject :- Folk Dance

Theory :- 50

Practical : - 200 Marks

1. Ability to write the meaning of any folk music.
2. Article: -
 - I) Rasabhedha in dance,
 - II) Classification of Indian Folk dance.
3. What is Folkdance? In India what is the position of Folkdance.
4. Folkdance and social turn festivals.
5. Description: - Opera, Akkhipata, Jaati, Tirap, Mrigashir, Kriyanga, Naganritya, Hela, Urap.
6. Biography: -
Udaysankar, Sitara Devi, Gopikrishna or any renowned dance guru of any province.

PAPER	I PAPER	II PAPER	III PAPER	IV PAPER	V PAPER
MARKS	100	100	X	50	X
TOTAL MARKS	250				

Subject :- Folk Dance

Theory :- 50

Practical : - 200 Marks

Paper – 1 (100)

1. Complete application knowledge of 'Nabarasa'.
2. Perform any four North-Indian Folkdances.
3. Complete knowledge of Samyukta and Asamyukta Mudras.
4. Perform any four South-Indian Folkdances.
5. It is necessary to know the application of all types of hand gestures in dance.
6. Dance of one of the special festivals of South-India.
7. Any four folkdance performances from any part of India.

Paper – 2 /3(100)

1. Practical practices all of the above years.
2. Demonstrate of all past year's syllabus related Tala in Than and Double, Triple and Quadruple Layakari.
3. Knowledge of others South-Indian dances like Kuchipudi or Mohiniyattam.
4. Perform Folkdances: - Gipsy, Vilasini Natyam, Kaligopal, different kind of Indigenous dance, Gagor, Jhali, Lezim, Bhadu, Jhora, Ganagor, Dekhni, Pandwari, Nakata, Bamboo dance, Bagurumba, Kolkali [any two] or any two folk dance based on the region of any province.
5. Skillfull dance performance on the stage at least 20 minutes with different folk Songs.
6. The skill of performing Rabindranritya in the form of folk music.

Subject :- Folk Dance

Theory :- 100

Practical : - 300 Marks

Paper - 1/2 (100)

1. Theoretical and Practical practices all of the above years.
2. Articles: - a) The position of Tempo in Dance.
b) Classical dance and Folkdance.
c) utility of dance in life.
d) Dance and Rasa.
E) Dance and Religion.
F) Folkdance in the eyes of Rabindranath Tagore.
3. Detailed knowledge of Makeup, Dress and Ornaments of folkdance.
4. Acting and its division and the position of Acting in Folkdance.
5. Discuss about Kathakali Dance which is a combination of classical dance and Folkdance.
6. Discuss about the contribution of Dance teacher in Dance Education.
7. Development and Future of Indian Folkdance.

PAPER	I PAPER	II PAPER	III PAPER	IV PAPER	V PAPER
MARKS	100	100	100	50	50
TOTAL MARKS	400				

Subject :- Folk Dance

Theory :- 100

Practical : - 300 Marks